



The Prison Phoenix Trust Teacher Background Form

We always try to offer prisoners – in their challenging environment – the best of our practice. To this end, we are delighted to support qualified and certified yoga teachers who have undergone at least two years training with a known and reputable yoga school. We appreciate your kindness in completing this form. It will help us to know more about you so that we can try to place you in an establishment where you – and your students – will feel at ease together.

First names _____ Surname _____

Address, including postal code _____

Mobile number _____ Landline _____

Email _____

Date of Birth _____ Sex _____

What year did you begin teaching yoga / meditation? _____

Name the yoga school you are qualified with: _____

Month & year of qualification? _____

How long was your training course? _____

If you teach in prison, which prison, what day & time & when you started: _____

Please detail the yoga classes you **currently** teach and those you've taught in the last 5 years. Include start and finish date, frequency and type of each class _____

Have you previously taught in prison? Which one(s) and what dates did you start & finish?

Do you teach seated meditation? If so, please describe how you direct your students.

Do you practise meditation? How regularly and what do you do? _____

Have you any other relevant experience (e.g. teaching people with learning difficulties, drug rehab work)? _____

Why are you interested in prison teaching? _____

Can you please tell us about your work outside yoga at the moment (if any), and about previous work? _____

Do you have a criminal record? (Answering yes does not necessarily mean that you will not be able to teach in prison) _____

Signature _____

Date _____