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Hope and healing through meditation and yoga

DVDs

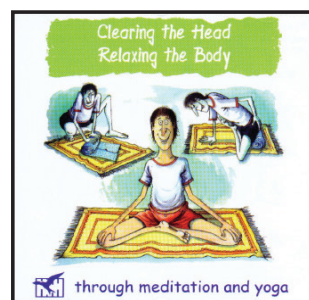


Please
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CDs



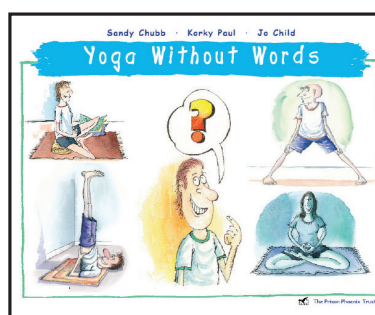
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Books

Just pictures



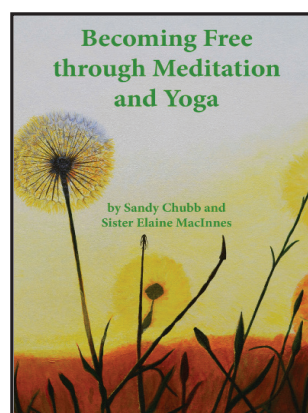
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Pictures and words



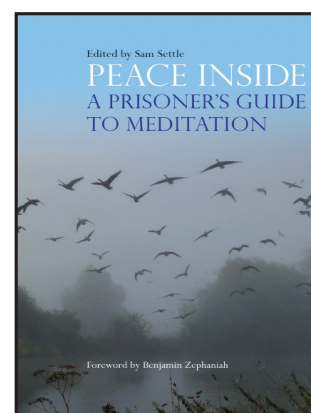
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A manual



Currently out of stock

A longer read



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First name: _____ Surname: _____ Date of birth: ____/____/____

Prison: _____ Prison No: _____

Wing: _____ Job title (if staff): _____

☐ Please tick if you wish to receive our newsletter and stay in touch

Why do you want to learn more about meditation and yoga?

Return to The PPT, PO Box 328, Oxford, OX2 7HF